



South Surrey U11 Sportshall- Team Information

Each team should consist of a minimum of 12 girls and 12 boys, with a maximum of 15 girls and 15 boys being permitted. All athletes must be under 11 years of age as at midnight 31st August / 1st September 2011 and must be at least 9 years of age on the day. Incomplete teams are welcome, so as to allow all willing athletes to compete.

Track Events

Obstacle Relay 4 girls 4 boys
1 + 1 Lap Relay 2 girls 2 boys
2 + 2 Lap Relay 2 girls 2 boys
6 Lap Paarlau 2 girls 2 boys
Over / Under Relay 4 girls 4 boys
Hurdles Relay 4 girls 4 boys
4 x 1 Lap Relay 4 girls 4 boys

Field Events

Jumps

Standing Long Jump 3 girls 3 boys
Standing Triple Jump 3 girls 3 boys
Vertical Jump 3 girls 3 boys

Agility

Balance Test 3 girls 3 boys
Hi-Stepper 3 girls 3 boys
Speed Bounce 3 girls 3 boys

Throws

Chest Push 2 girls 2 boys
Soft Javelin 2 girls 2 boys
Target Throw 2 girls 2 boys

-Each team member is limited to three track events and two field events, with all athletes to compete in at least one track event.

-An athlete may do no more than one event from each of the field sections, i.e. jumps, agility, throws.

-All athletes must wear trainers. Athletes will not be permitted to compete in bare feet or unsuitable footwear.

-A club vest should be worn, but non-wearing will not lead to a DQ.

-A rules manual will be sent to club coaches and team managers, who should familiarise themselves with the content.





South Surrey U11 Sportshall- Team Information

Scoring

As at the regional final, boys and girls will be scored separately.

Prizes

There will be awards to;

- 1st, 2nd & 3rd place top scoring individuals, from each gender.
- 1st, 2nd & 3rd place team, from each gender.

Officiating

Each club is requested to provide at least 3 helpers on the day. However more would be most welcome, particularly if fielding 2 full teams or more. Helpers do not need any formal qualifications as a full brief will be given, however experience of working with young athletes will be beneficial. As all officials working in the arena will be in full view, and supervision, of other UKA licensed officials/coaches there is no pre-requisite for helpers to hold a CRB. First aid facilities are provided by the leisure centre.

Officials are permitted to advise athletes when necessary. By entering, all participants and coaches accept that U11 sportshall is in the 'spirit of the rules' and some flexibility is required for less experienced athletes. More information on this can be found in the competition rules overview, which each club/team managers has a copy of.

South East regional event

The Surrey team manager for the U11 South East Region Fun In Athletics will be present on the day and using today's competition as a selection event. 15 boys and 15 girls will be selected.

Entry

To enter please fill out the team declaration sheets and return to adam@southsurreyathletics.org.uk by 1st December 2011.

Cost of entry is £3 per athlete, clubs will be invoiced for entry costs.

Timings and venue

The venue for the event is Leatherhead Leisure Centre. Ample free parking is available. The competition will take place in the main sportshall. Some spectator seating will be available in the arena, and there is also a viewing gallery overlooking the sportshall. Registration will be signposted and is open from 10.30am. The first event, obstacle relay, will commence at 11am. Please ensure teams are ready to start promptly.

